

## PSHE

“The things that make me different, are the things that make me.”

Winnie the Pooh

### Intent

PSHE is at the heart of everything we do.

Learning opportunities are planned to ensure development of the “whole child” - intellectually, morally, socially and spiritually.

The knowledge and understanding that our children develop through our curriculum and other activities, leads to them becoming **respectful**, independent, confident, healthy and responsible members of society. Learning is structured to develop pupils with a strong understanding of the diverse world around them and support them in playing an **ambitious**, positive role in contributing to the school and the wider community.

Throughout all lessons, a commitment to enhancing and promoting our core Christian Values is key.

### Implementation

Our PSHE curriculum engages children with relevant and meaningful content, which is supported through a strong emphasis on emotional literacy, building **resilience** and nurturing mental and physical health.

Through discrete PSHE lessons, assemblies, visits and ad hoc “circle time” activities, our children gain insight and depth of understanding about a range of topics, including:

- family;
- relationship;
- friendship;
- managing feelings and behaviour;
- keeping safe;
- health and hygiene; and
- changing and growing.

### Impact

Children leave Balcombe School at the end of year 6 having developed:

- high self esteem and a **caring** attitude toward others;
- a good understanding of how to stay safe, healthy and develop good relationships;
- an appreciation of what it means to be a positive member of a diverse, multicultural society;
- a strong sense of self and a willingness to take responsibility for their own thoughts and actions.